Mental Health Among Adults
Wyandotte County, 2017

Frequent Mental Distress

Frequent mental distress (FMD) is defined as having fourteen or more days of poor mental health in the past thirty days.

In 2017, **about 14 of every 100** Wyandotte County adults 18 years and older had frequent mental distress.

Depressive Disorder

Depressive disorder is defined as depression, major depression, dysthymia, or minor depression.
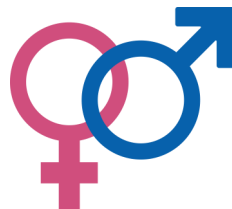
In 2017, **nearly 23 of every 100** Wyandotte County adults 18 years and older had depressive disorder.

www.kdheks.gov/brfss

Kansas
Department of Health and Environment

Depressive Disorder by Selected Socio-demographic Characteristics, Wyandotte County

BY GENDER*

26.4%

About 26 of every 100 adult women.

18.6%

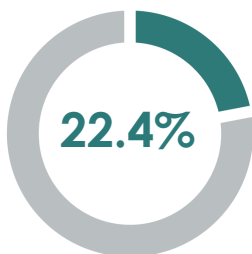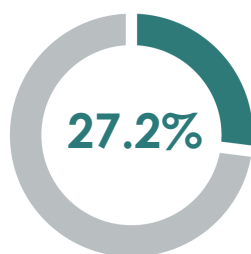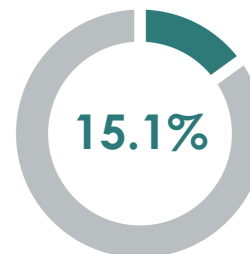**Nearly 19** of every 100 adult men.

BY AGE

Depressive Disorder was **significantly higher among persons aged 45-64 years** compared to those **aged 65 years and older.**

22.4%

About 22 of every 100 adults aged 18-44 years.

27.2%

About 27 of every 100 adults aged 45-64 years.

15.1%

About 15 of every 100 adults aged 65 years and older.

BY ANNUAL HOUSEHOLD INCOME*

27.2%

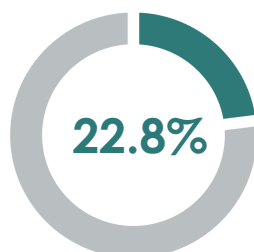**About 27** of every 100 adults with an annual household income of less than $35,000 per year.

21.1%

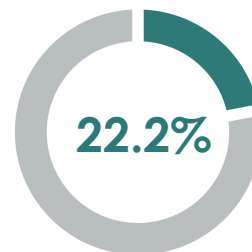**About 21** of every 100 adults with an annual household income of $35,000 or higher per year.

*The prevalence estimates of depressive disorder in Wyandotte County are not significantly different by gender and annual household income groups.

Depressive Disorder by Selected Socio-demographic Characteristics, Wyandotte County

BY EDUCATION*

22.8%

Nearly 23 of every 100 adults with a high school education or less.

22.2%

About 22 of every 100 adults with some college education or higher.

BY DISABILITY STATUS

Depressive Disorder was **significantly higher among persons living with a disability†** compared to those **living without a disability.**

About 44 of every 100 adults who reported living with a disability.

44.4%

Nearly 14 of every 100 adults who reported living without a disability.

13.7%

BY OBESITY

Depressive Disorder was significantly higher among adults **who were obese** compared to adults **who were normal or underweight .**

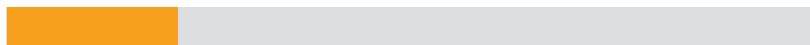**Nearly 19** of every 100 adults who were Normal or Underweight (BMI<25).

18.8%

21 of every 100 adults who were Overweight (25<=BMI<30).

21.0%

Nearly 33 of every 100 adults who were Obese (BMI>=30).

32.5%

† Living with a Disability: Respondents who have at least one of the six disability types (hearing, vision, cognition, mobility, self-care, and/ or independent living).
* The prevalence estimates of depressive disorder in Wyandotte County are not significantly different by education groups.

Depressive Disorder by Selected Socio-demographic Characteristics, Wyandotte County
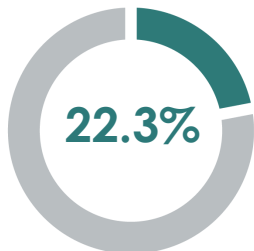
BY PHYSICAL ACTIVITY

21.1%

About 21 of every 100 adults who participate in leisure-time physical activity
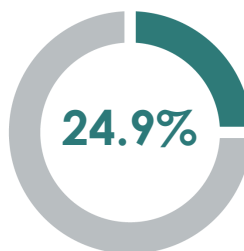
30.9%

Nearly 31 of every 100 adults who did not participate in leisure-time physical activity

BY HEALTH INSURANCE*

22.3%

About 22 of every 100 adults who were insured.

24.9%

Nearly 25 of every 100 adults who were uninsured.

* The prevalence estimates of depressive disorder in Wyandotte County are not significantly different by physical activity and health insurance groups.

‡ Physically Inactive: Respondents were classified as physically inactive if they responded "no" to the following question: "During the past month, other than your regular job, did you participate in any physical activities or exercises such as running, calisthenics, golf, gardening, or walking for exercise?"